FAMILY GUIDE:  
Help TPCA & FAMM Challenge  
Lawmakers to Visit a Prison  
The most powerful way we can convince lawmakers to visit  
jails and prisons is by sharing your important perspective.

TPCA has partnered with FAMM, and we need your help in showing lawmakers what people in  
prison are really like, how prison really is — and why it’s crucial that they visit as they make laws  
and set policies that directly affect you and your loved ones. Here’s how you can help!

The first thing to do is  take this action  yourself by clicking on this link

Create a Video:  
Record a short video on your phone that explains why you think it is important for lawmakers  
to visit a prison. Some tips: Your video should be no longer than one minute.  
Below are some messaging ideas and sample scripts that you can work from:

Show lawmakers that real people like your loved one live in prison and have a life of meaning.  
“Hi, there! I hear you might be visiting a prison. If you go, be sure to keep an eye out for my son,  
John. He teaches the GED program, and he mentors newbies. He’s working hard to show the world  
that he’s not the same person he was when he was arrested. He deserves a second chance. Please,  
visit a prison.”

Consider holding a photo of your loved one and/or your family in your video.  
Post your video on Twitter, Instagram, or Facebook, urging lawmakers in your state to  
#VisitAPrison. In the text of your post, tag your state lawmakers, TPCA, and @FAMMfoundation.  
Using the #VisitAPrison will allow TPCA, FAMM, and supporters to watch the campaign grow  
online. Find your local legislators  here.  
Share, like, and retweet videos/posts of others to increase the visibility of the issue. Tag friends if  
you would like them to participate. If you do not want to make a video, another option is to take  
a photo of yourself holding a #VisitAPrison sign and share that on social media, tagging your  
state and federal lawmakers using  #VisitAPrison.  
Continue to make more videos and post photos as you think of other reasons that lawmakers  
should #VisitAPrison.

Share the challenge with others:  
Tell other family members about TPCA and FAMM's partnership In the #VisitAPrison Challenge.  
If you are visiting your loved one, tell people waiting in line with you and in the parking lot  
about it. Ask them to make their own video or photos and write a letter to the editor of your  
local newspaper about #VisitAPrison. If you need help with this you can find that  here.  
Enlist  
your loved one to spread the word. If your loved one wants to write to their lawmakers about  
why they should #VisitAPrison, encourage them to mention the #VisitAPrison campaign.  
Thank you! With your help, we can get lawmakers to visit prisons and give them the very  
important experience of knowing what it is really like inside the prison walls.